IMPLEMENTATION OF TRAINING PROGRAMS AS A STRATEGY FOR THE INTRODUCTION OF SUSTAINABILITY

Ilka S. Vercellino; Aline Sorcinelli; Fernanda B. Lopes de Meneses; Willian G. de Moraes Leitão; Thiago F. Simões & Márcia Maria Gimenez
ilka.vercellino@prof.saocamilo-sp.br
Centro Universitário São Camilo, São Paulo, Brazil

INTRODUCTION

The excessive use of natural resources and an exacerbated waste production are issues that require discussion and urgent changes in people's everyday life and in society's way of acting and thinking. To achieve this change, new skills, values, and attitudes are needed that lead to more sustainable societies. The 5Rs Program of Centro Universitário São Camilo was developed to meet these demands and has been carrying out several activations, aimed at different audiences, in order to meet the objectives of sustainable development that include the guarantee of a sustainable and equitable life on the planet.

MATERIALS AND METHODS

Study area: Centro Universitário São Camilo, São Paulo, Brazil

Since 2016, training and updates have been carried out twice a year with conservation and hygiene employees.

FIRST PART: Short lecture (± 30 minutes)

SECOND PART: “Conversation Circle”

RESULTS

18 training sessions
41 employees conservation and hygiene

“Conversation Circle” - main problems had been related:

- Incorrect disposal of waste by others employees of the Centro Universitário São Camilo
- The most cited pains: low back pain (27%) and shoulder pain (14%)

CONCLUSIONS

The training enabled the addition of improvements in the process of collection and proper disposal of waste produced in the Centro Universitário, improvement in occupational complaints and redirection of the actions of the Program from the suggestions given by employees in the training, allowing the construction of a collaborative process with regard to actions in pursuit of sustainability.

Further information
docente5rs@saocamilo-sp.br eqextensao@aluno.saocamilo-sp.br
https://saocamilo-sp.br/extensao/universitaria